Socks with Short Row Heel Pattern

I knit this pair of socks at the same time and thoroughly enjoyed the process.

If you are knitting your first pair of socks or if you intend trying a new stitch pattern, heel or toe technique, you will find knitting two socks at a time to be a particularly useful way of knitting a pair of socks.

I used Lana Gross Sock Yarn and am sad that this particular range has been discontinued as it was very durable and was also excellent for knitting doll clothes.
Materials:

- 100 g of sock yarn/4 ply yarn
- Two sets of 5 double pointed needles size 2.75mm
- I used a 3.25mm needle for casting on
- I used a set of 5 2.25mm needles for knitting the toes
- tapestry needle

Abbreviations:

sl 1 - slip 1 stitch; p - purl; k - knit; dpn(s) - double pointed needle(s); ssk - slip 1 stitch, slip 1 stitch, knit both of the knit stitches together; p2tog - purl 2 stitches together; st(s) - stitch(es)

Cuff and Leg

Cast on 60 sts using the 3.25mm needle. On next round change to 2.75mm needles being careful when joining into a round that the cast on sts don't get twisted. Work 14 rows of k1, p1 rib for sock one, then do the same for sock two.

Knit 42 rounds, or the length that you would like the sock to be, for the leg of sock one. Repeat for sock two. Both socks are now ready for starting the heel.

A Short Row Heel

Knitting two socks simultaneously is particularly useful if you are knitting a short row heel. It helps remember what you are doing as you work both heels at the same time and you will have both socks looking the same.

The short row heel is worked over 30 stitches (half of the total stitches cast on for the sock). The heel is knit in two parts. For the back of the heel you are decreasing the number of stitches gradually until you are ready to turn the heel. Then you gradually increase the number of stitches until you have 30 stitches again.

Socks with Short Row Heel Pattern designed by [http://www.theknittingsquirrel.com](http://www.theknittingsquirrel.com)
Place 30 stitches onto one needle.

**Back of Heel**

- Row 1: Sl 1, p28, turn
- Row 2: Sl 1, k27, turn
- Row 3: Sl 1, p26, turn
- Row 4: Sl 1, k25, turn
- Row 5: Sl 1, p24, turn
- Row 6: Sl 1, k23, turn
- Row 7: Sl 1, p22, turn
- Row 8: Sl 1, k21, turn
- Row 9: Sl 1, p20, turn
- Row 10: Sl 1, k19, turn
- Row 11: Sl 1, p18, turn
- Row 12: Sl 1, k17, turn
- Row 13: Sl 1, p16, turn
- Row 14: Sl 1, k15, turn
- Row 15: Sl 1, p14, turn
- Row 16: Sl 1, k13, turn
- Row 17: Sl 1, p12, turn
- Row 18: Sl 1, k11, turn
- Row 19: Sl 1, p10, turn
- Row 20: Sl 1, k9, turn
Turn the Heel

• Row 1: Sl 1, p8, [sl 1, pick up loop in the gap before the next st, p the sl st and the loop together (Heel Turn Row 1)], turn
• Row 2: Sl 1, k8, [sl 1, pick up and k1 st in the gap before the next st, psso (Heel Turn Row 2)], turn
• Row 3: Sl 1, p9, work as Heel Turn Row 1, turn
• Row 4: Sl 1, k10, work as Heel Turn Row 2, turn
• Row 5: Sl 1, p11, work as Heel Turn Row 1, turn
• Row 6: Sl 1, k12, work as Heel Turn Row 2, turn
• Row 7: Sl 1, p13, work as Heel Turn Row 1, turn
• Row 8: Sl 1, k14, work as Heel Turn Row 2, turn
• Row 9: Sl 1, p15, work as Heel Turn Row 1, turn
• Row 10: Sl 1, k16, work as Heel Turn Row 2, turn
• Row 11: Sl 1, p17, work as Heel Turn Row 1, turn
• Row 12: Sl 1, k18, work as Heel Turn Row 2, turn
• Row 13: Sl 1, p19, work as Heel Turn Row 1, turn
• Row 14: Sl 1, k20, work as Heel Turn Row 2, turn
• Row 15: Sl 1, p21, work as Heel Turn Row 1, turn
• Row 16: Sl 1, k22, work as Heel Turn Row 2, turn
• Row 17: Sl 1, p23, work as Heel Turn Row 1, turn
• Row 18: Sl 1, k24, work as Heel Turn Row 2, turn
• Row 19: Sl 1, p25, work as Heel Turn Row 1, turn
• Row 20: Sl 1, k26, work as Heel Turn Row 2, turn
• Row 21: Sl 1, p27, work as Heel Turn Row 1, turn

Row 22: Sl 1, k14, begin the new round in the centre of of the heel from this point.

Due to the self striping yarn used for these socks, it was necessary to choose the correct stripe colour for creating continuity in the stripe colour repeat from the leg to the foot.

Continue from the centre point of row 22, start the next round, k14, sl 1, picking up the loop in the gap between the instep stitches and heel stitches. Work as for Heel Turn Row 2. There will be 15 stitches on each of the 4 needles.

Foot

Knit 57 rounds for the foot or the length you need for your foot. You can try on the sock to see how many rounds you need to knit. You will find it handy to knit 10 rounds on sock one and then 10 rounds on sock two. Continue in this manner until you have finished the required number of rounds on both socks.
Start toe shaping when you are about 4cm/1 and a 1/2 inches from the tip of your toes.

**Toe**

Normally I use dpns that are a couple of sizes smaller to work the toes. It helps make the toes harder wearing. You would need one set of 2.25 mm dpns if you want to do this. The new round starts from the centre point of the sole...

![Toes](image)

Decrease Round:

- For Needle 1 and 3: K to 3 sts before the end of the needle, k2tog, k1
- For Needle 2 and 4: k1, ssk, k to end of needle

**Start the Toe**

- Round 1: Work decrease round
- Rounds 2-4: k
- Round 5: Work decrease round
- Rounds 6 & 7: k
- Then repeat rounds 5-7
- Round 11: Work decrease round
- Round 12: k
- Then repeat rounds 11 and 12 twice more
- Work decrease rounds on each of the next 6 rounds.

There will be 2 stitches on each of the needles. Move the stitches so that there are 4 sts on each of 2 needles. Then use kitchener stitch to graft the sts together to give an even finish.

**Finishing**

Sew in any loose ends.

You now have a new pair of socks.